

Spine Rehabilitation Program

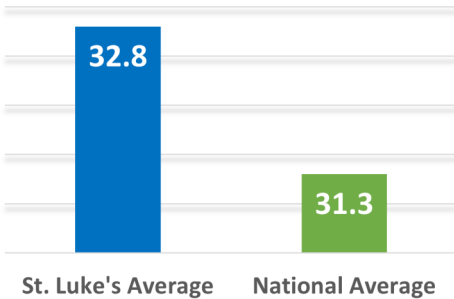
2023 Inpatient Outcomes

A spinal cord injury can happen to anyone at any age. In 2023, St. Luke's provided inpatient rehabilitation services to more than 100 inpatients who experienced a spinal cord injury or illness. This includes traumatic and nontraumatic injuries resulting in tetraplegia or paraplegia. Inpatients receive at least 3 hours of therapy a day, 5 days a week, and have an average length of stay of 21 days, with 85% discharged back home to the community initially and 96% living in the community 3 months after discharge.

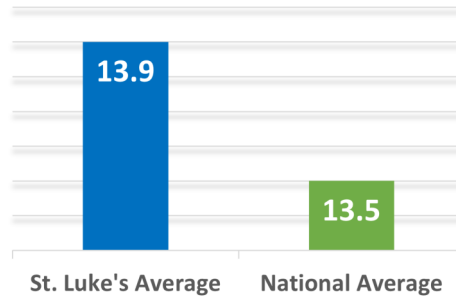
Functional Outcomes: represent total increase in independence with self care and mobility tasks from admit to discharge. St. Luke's goal is to be higher than the nation.



Change in Mobility



Change in Self Care



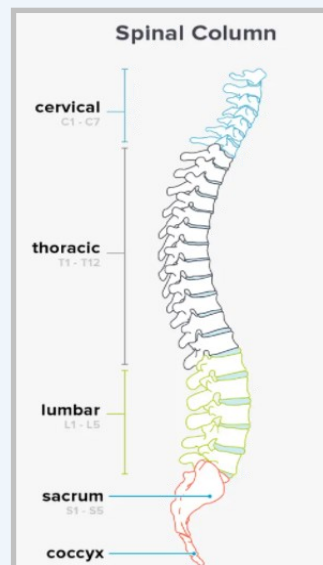
Age of Patients in SCI Program

Age	Number of Patients
0-17	2 (1.8%)
18-40	26 (23.8%)
41-64	41 (37.6%)
65-85	37 (33.9%)
86+	3 (2.7%)

Patient Satisfaction

Based on a national survey from Uniform Data System for Medical Rehabilitation (UDSMR), MedTel Outcomes and Focus on Therapeutic Outcomes, patients reported the following:

- 7.3%** discharged to long term care
- 5.5%** discharged to acute care hospital
- 85.3%** discharged to community
- 90%** overall satisfaction
- 21.1** days is average length of stay



Patient Demographics:

- Ages served: 17-87
- Average age: 55
- Female: 39 patients (35.7%)
- Male: 70 patients (64.2%)
- Traumatic SCI: 44 (40.4%)
- Non-traumatic: 65 (59.6%)

Peer Support Group

St. Luke's offers a hybrid in-person/virtual support group for individuals who have experienced a spinal cord injury.

To register to attend, please call (509) 473-6681 or email:

slrsupportgroups@providence.org

Inpatient Case Management

Phone: 509-473-6058 Fax: 509-392-5684

For a list of all **Outpatient Therapy** locations near you, visit providence.org/locations

Phone: 509-473-6869 Fax: 509-392-5685

These accreditations assure patients the highest quality care and results possible.



Visit providence.org/stlukes for a complete list of CARF accredited programs

