



**Chief of Staff
John Cross, MD**

Safeguarding Your Data in Mobile Health Apps

Is my personal health data protected when I use health apps on my cell phone (mHealth)? That's not an easy question to answer. Personally, I am already gnashing my teeth when I open a web page and find myself opting out of Functional Cookies, Performance Cookies and Targeting Cookies.

I would, however, accept a Chocolate Chip Cookie!

Figuring out where my personal health data is going seems like yet another burden. Why is that important? Your health data is your own private matter. Users of mHealth apps in a 2022 study acknowledged privacy concerns but expressed more value in protecting general personal data than personal health data, and adopted a fatalistic surrender about the loss of data privacy.

Without going into nerdy detail, let's cut to the chase. What are the best ways to mitigate risk to your privacy?

First, select your mHealth apps from a recognized source like the Apple App Store or Google Play to ensure security features are present. Second, don't lose track of your cell phone. Third, recognize that your own privacy practices may need shoring up, exemplified by the "privacy paradox," which is declaring concern about online privacy followed by sloppy online security practices.

Techniques like turning on two-factor authentication, checking for https: in the URL of mHealth websites and giving consent to share your data only when necessary are a great place to start. Don't give up! Awareness is the first step to preventing misuse of your data. Good luck!

- ncbi.nlm.nih.gov/pmc/articles/PMC9237761/
- healthitsecurity.com/news/what-data-privacy-risks-are-associated-with-mobile-health-apps
- doi.org/10.1016/j.tele.2019.03.003



**Golfers from Centaurus Financial, Inc.,
Title Sponsor of the Golf Tournament for
five years in a row.**

2024 Golf Tournament a Tee-rific Success

Fundraising at the 2024 Providence St. Joseph Hospital Golf Tournament on May 13 soared to an incredible \$1.4 million to enhance Providence St. Joseph Hospital's ability to provide top-tier Critical Care services.

Thank you to all our tournament sponsors and golfers for your camaraderie and for parlaying this year's highly enjoyable event into an unforgettable triumph. Special thanks to Ron King (center left), Chairman and CEO of Centaurus Financial, Inc., our Title Sponsor; and Joe Conway, Chair of the Golf Committee, from Diversified Investment Services, serving as our Platinum Sponsor. This year's Golf Tournament Honorees were the SJO Intensivists.

Find more photos from the tournament at: [flickr.com/photos/providencefound/albums/72177720317068163](https://www.flickr.com/photos/providencefound/albums/72177720317068163).



**Orange County Thoracic & Cardiovascular
Surgeons Sean Kim, MD, Taylor Tang, MD,
Aaron Fowler, MD, and rep Eric Dorn.**



L to R: Emergency Medicine Specialists of Orange County (EMSOC's) Tyler Ayalin, MD; Gregory LaSala, MD; Joey Villalobos, RN; Rajesh Mittal, MD; Brian Lee, MD; Geoffrey Green, PA-C; Matthew Mullarky, MD; Daniel Gromis, MD; Christopher Yao, MD; Justin Anderson, MD; Marshall Hart; Gregory Marony, PA-C.

MEDICAL STAFF BRIEFS

A Publication from the Chief of Staff and Chief Medical Officer

June/July 2024



1100 W. Stewart Dr.
Orange, CA 92868
www.providence.org/stjoseph

SUBMISSIONS SOUGHT:

Please send news items to 714-771-8056
or SJO-MEDICAL-STAFF@stjoe.org

Notes from the Epic Team

What is changing? A significant Epic Order Set package was released on June 18. The package impacts 366 separate order sets that we use in our acute hospitals. Providers will need to resave their order set default preferences in Epic. Order and order block changes include Diet Orders, Wound Care Orders, weigh patient orders, trach RT related orders, Telemetry Orders & BPA and Multimodal Pain Medication Orders.

Resources for our Medical Staff:

- IT Help | Medical Staff of St. Joseph Hospital (sjomedicalstaff.org/it-help/)
- Epic Updates Newsletter for Acute Hospital Providers: June 2024 (sway.cloud.microsoft/jSbxqz5CouS8GkRk?ref=email&loc=play)

For Further Assistance: Please contact Virtual Informatics at 1-844-922-7548, available 24/7. Alternatively, schedule a 1:1 coaching session with our Provider Success Team by scanning the QR Code with your mobile device.



TRANSITIONING TO ENEWS

Please visit sjomedicalstaff.org/excellence-education/education



or scan the QR code for Grand Rounds and CME programs. You will also find the the latest news and events, a Medical Staff directory, IT help, quick links, and more.

Grand Rounds: "ACTIVE SHOOTER"

Wednesday, July 10, 2024, 12:30 – 1:30 p.m.
Zoul Auditorium

Option to attend virtually via TEAMS available:

<https://bit.ly/3Ve9Ekp>

Presented by:

Mark Mooring, MPA, CPP, CHPA

Safety and Security Consultant; Owner, Proper Authorities

This activity content is geared toward all physician specialties to:

- Identify safety and survival strategies specific for our institution during an active shooting event
- Assess both effective and non-effective responses to an active shooting event
- Follow developed policies, procedures, and training for such events

Providence St. Joseph Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™

Find Grand Rounds & CME program details on:

sjomedicalstaff.org/excellence-education/education

or scan the QR code at left on your phone.