

OC Low Cost Mental Health Resources

Organization	Services	Phone/Web	Address	Hours of Operation
CalOptima Behavioral Health	Outpatient mental health services	1-855-877-3885	Call for a screening and referred to the appropriate resource	Monday – Friday: 8 a.m. - 5:30 p.m.
The Caregiver Resource Center	Support for family members caring for a loved one	(800) 543-8312 (714) 446-5030 caregiveroc.org	130 West Bastanchury Road Fullerton, CA 92835	Monday – Friday: 9 a.m. - 4:30 p.m.
FACES	Mental health counseling	(714) 447-9024 facescal.org	2601 E. Chapman Ave., #114 Fullerton, CA 92831	Monday – Friday: 9 a.m. - 5 p.m. (By appointment after 5 p.m.)
Friends of Family Health Center	Mental health services	(562) 690-0400 fofhealthcenter.org	501 South Idaho Street La Habra, CA 90631	Monday – Friday: 8 a.m. - 5 p.m. Saturday: 8 a.m. - 4:30 p.m.
Korean Community Services	Support, treatment and prevention programs for substance abuse and family violence	(714) 449-1339 kcservices.org	1060 South Brookhurst Road Fullerton, CA 92833	Monday – Friday: 9 a.m. - 7 p.m.
La Habra Family Resource Center	Individual, couples and family counseling	(714) 447-3460 factoc.org/lahabra	501 South Idaho St., Suite 300 La Habra, CA 90631	Monday, Wednesday, Friday: 9 a.m. - 6 p.m.; Tuesday and Thursday: 9 a.m. - 8 p.m.
NAMI Orange County	Support, education and resources for families and those affected by mental illness	(714) 544-8488 namioc.org	1810 East 17th Street Santa Ana, CA 92705	Monday – Friday: 9 a.m. - 5 p.m.
St. Jude Medical Center Senior Services	Bereavement group; Late life depression support	(714) 446-7035 stjudemedicalcenter.org	130 West Bastanchury Road Fullerton, CA 92835	Monday – Friday: 8 a.m. - 5 p.m. (Call to request after-hours appts.)
VCC: The Gary Center	Mental health services	(562) 264-6000 vistacommunityclinic.org	201 South Harbor Boulevard La Habra, CA 90631	Monday: 11 a.m. - 8 p.m. Tuesday: 10:30 a.m. - 8 p.m. Wednesday: 8 a.m. - 2 p.m. Thursday: 9 a.m. - 8 p.m. Friday: 9 a.m. - 5:30 p.m.
Western Youth Services Anaheim	Specialized services for youth and families to enrich mental health and wellness	(714) 871-5646 westernyouthservices.org	505 North Euclid Avenue, #300 Anaheim, CA 92801	Monday – Thursday: 8 a.m. - 7 p.m. Friday: 8 a.m. - 5 p.m.

Orange County Mental Health Hotlines

Hotline Services

OC Links	Behavioral health services and information referral line	855-OC LINKS (855) 625-4657	Monday – Friday: 8 a.m. – 6 p.m.
NAMI OC Warmline	Personal mental health hotline	(714) 991-6412	Monday – Friday: 9 a.m. – 3 p.m. Saturday – Sunday: 10 a.m. – 3 p.m.
Trevor Line (LGBTQ)	National 24 hour confidential suicide hotline	(866) 488-7386 thetrevorproject.org	24 hours a day, 7 days a week
Suicide Survivor Bereavement Support Groups	Support for survivors after suicide	(714) 547-0885 suicidepreventionlifeline.org	24 hours a day, 7 days a week
National Suicide Prevention Lifeline	National suicide/mental health hotline	English: (800) 273-8255 Español: (888) 628-9454	24 hours a day, 7 days a week

 **Each Mind
MATTERS**

California's Mental Health Movement



Activated locally by

St. Joseph Health 

St. Jude Medical Center

A member of the St. Joseph Hoag Health alliance