

# We invest in Los Angeles County's health.





### **Bringing our Mission to life**

At Providence, we are dedicated to improving community health and reducing disparities in the Western U.S. and beyond. Called by our Mission, we are steadfast in serving all, especially those who are poor and vulnerable.

# Taking action on health challenges

To achieve our vision of health for a better world, the Providence family of organizations identifies community health needs and invests in programs and meaningful solutions that meet the diverse needs of our neighbors. Alongside local partners, we build stronger, healthier communities by focusing on areas of lasting impact:

- Foundations of health
- Removing barriers to care
- Community resilience
- Innovating for the future

Our longstanding commitment to identify needs and provide community benefit is an essential way we live our Mission each day.



#### \$35.8 MILLION

Community health improvement and strategic partnerships



#### \$8.3 MILLION

Health professions education and research



#### \$3.8 MILLION

Subsidized health services



#### \$16.8 MILLION

Free and discounted care for the uninsured and underinsured



#### \$215.6 MILLION

Unpaid cost of Medicaid and other means-tested government programs

<sup>\*</sup>Data is consolidated based on unaudited financial reporting. The numbers include home and community care investments and joint ventures by percentage ownership.

# Community investment in action



Josselin Hernandez pictured with her children Kennan, Ashley and Christopher following their vaccine appointments.

## Improving access to life-saving vaccines for underserved communities

With the resurgence of preventable infectious diseases such as measles and polio, the need to vaccinate children is more important than ever. For the last 30 years, Partners for Healthy Kids has been providing life-saving inoculations to children in underserved communities in the South Bay. Driving from school to school, Providence caregivers administer free school-required vaccines for children ages 2-18.

South Bay resident Josselin Hernandez registered her children Kennan, Ashley and Christopher to receive their required vaccines after learning about the program at their school. Not only are her children better equipped to fight off preventable diseases, but the family also benefitted from the program's significant financial relief.

# Food Education Access Support Together program targets food insecurity in Los Angeles



Food Education Access Support Together (FEAST) Participant Ana Barcelo-Sanchez.

Designed to help food-insecure families in the San Fernando Valley, the Food Education Access Support Together (FEAST) program is a nutrition education program that promotes the power of healthy foods and human connection.

Providence community health workers and health education specialists are trained by FEAST as program leaders. They lead the 12-week program with presentations about how to eat and cook healthier, cooking demonstrations and a sharing circle. Participants also receive a weekly stipend to purchase groceries and apply the principles they've learned.

Offered both in-person and virtually, in English and Spanish, FEAST is offered at no-cost to Los Angeles County residents, 18 and older. During enrollment, participants are screened for food insecurity, and positive screenings are referred to our Community Health Insurance Program (CHIP) for CalFresh eligibility. If you are interested in joining the next FEAST cohort, please contact 818-847-3860.

# Providence's Mental Health First-Aid Training course aims to help save lives



Mental Health First-Aid participants at a training course.

Mental health difficulties are on the rise among adolescents across the nation. According to an article in Psychology Today, ER visits for anxiety, self-harm and mood disorders have risen sharply since 2019.

Providence offers Youth Mental Health First Aid, a skills-based training that teaches parents, caregivers, teachers, neighbors and peer's ways to identify, understand and respond to adolescents and teens (ages 12-18) experiencing mental health challenges.

The free, eight-hour course is offered both in-person and virtually, in English and Spanish. "The training gives background information to recognize signs and symptoms and listen nonjudgmentally," said Lucia Vides, a community health supervisor with Providence. "The acquired tools participants learn are not meant to enable them to diagnose but rather help save a life."

To learn more about how you can make a difference and to participate in an upcoming training, please contact 310-514-5483 or lucia.vides@providence.org.

By tapping the expertise of community partners, we focus on reducing health disparities as we address our neighbors' challenges.

LAUREEN DRISCOLL, MBA, MSN, RN
 Chief Executive
 Providence South Division

I am so grateful for the assurance my kids can remain healthy, thanks to the program covering the cost of the vaccines.

JOSSELIN HERNANDEZ
 Partners for Healthy Kids participant