# Providence Center for Weight Management

## An integrated, multidisciplinary approach to weight loss

Providence Center for Weight Management is a comprehensive center dedicated to helping patients lose weight and keep it off. We offer:

- Surgical and non-surgical weight loss options
- The only center in Oregon to receive accreditation in both bariatric surgery and obesity medicine by MBSAQIP
- Multidisciplinary care team of surgeons, endocrinologists, nurse practitioners, dietitians, psychologists, and a patient navigator *all located in one clinic*
- An evidence based approach using the latest tools, including medication management, weight loss surgery, and behavioral, nutrition and exercise support
- Long-term support to help prevent weight regain, improve diabetes control and quality of life

## Eligibility

- Medical weight management: A non-surgical program for adults with a BMI of 25 or higher
- Weight loss surgery: Available to adults with a BMI of 40 or higher, or 35 or higher with an associated medical condition
- Both programs accept all insurance plans with a weight loss benefit. A self-pay option is available
  for those without weight loss coverage.

#### Cost

Costs can vary based on goals, treatment plan and insurance coverage. Contact the center for more details.

### Locations

Providence Center for Weight Management-East PPMC – Cancer Center, Suite 6N40 4805 NE Glisan Street Portland, OR 97213 Providence Center for Weight Management-West PSVMC – MJP, Suite 390 9205 SW Barnes Road Portland, OR 97225

Use Epic referral REF 125E For more information, please call: 844-987-0491

