

# Newborn 0-7 days

## General

1. List any concerns you want to discuss today:

## Birth history

*You may skip this section if your baby was born in our hospital.*

2. What was your baby's weight at birth?
3. Was your baby full term (was your pregnancy 38 or more weeks before delivery)?
 

|     |    |          |
|-----|----|----------|
| Yes | No | Not sure |
|-----|----|----------|
4. Did your baby pass their hearing test?
 

|     |    |          |
|-----|----|----------|
| Yes | No | Not sure |
|-----|----|----------|
5. Did your baby get the Hepatitis B vaccine?
 

|     |    |          |
|-----|----|----------|
| Yes | No | Not sure |
|-----|----|----------|
6. Did your baby receive the vitamin K shot?
 

|     |    |          |
|-----|----|----------|
| Yes | No | Not sure |
|-----|----|----------|
7. Did your baby have any problems after birth?
 

|    |     |          |
|----|-----|----------|
| No | Yes | Not sure |
|----|-----|----------|
8. Was your baby breech in the 3rd trimester, or is there a family history of hip dysplasia or severe hip problems in children?
 

|    |     |          |
|----|-----|----------|
| No | Yes | Not sure |
|----|-----|----------|
9. Do you have any concerns about skin color?
 

|    |     |          |
|----|-----|----------|
| No | Yes | Not sure |
|----|-----|----------|

## Feeding/Nutrition

10. Is your baby getting breastmilk?
 

|     |    |
|-----|----|
| Yes | No |
|-----|----|
11. Is your baby getting formula?
 

|     |    |
|-----|----|
| Yes | No |
|-----|----|

  - a. Which formula?
12. Are you feeding your baby anything other than breastmilk or formula?
 

|    |     |
|----|-----|
| No | Yes |
|----|-----|
13. What color are your baby's poops?

## Development

14. Does your child move their arms and legs well?
 

|     |    |
|-----|----|
| Yes | No |
|-----|----|

## Social stressors

15. Are you having any family stress?
 

|    |     |
|----|-----|
| No | Yes |
|----|-----|

|  |       |           |       |
|--|-------|-----------|-------|
| <b>16.</b> Within the past 12 months have you worried that your food would run out before you got money to buy more? | Never | Sometimes | Often |
|--|-------|-----------|-------|

|  |     |    |
|--|-----|----|
| <b>17.</b> Do you feel you receive the support you need? | Yes | No |
|--|-----|----|

### Tuberculosis

|  |    |     |          |
|--|----|-----|----------|
| <b>18.</b> Is your child at risk for infection with tuberculosis? (Includes children born in Africa, Asia, Latin America, or Eastern Europe; children who have stayed with family in one of those places for more than a week, or those exposed to anyone with active TB.) | No | Yes | Not sure |
|--|----|-----|----------|

### Safety checklist

*Check all that apply.*

True

I have questions

|   |                          |                          |
|---|--------------------------|--------------------------|
| <b>19.</b> My baby sleeps on their back, in a bedside bassinet or crib. | <input type="checkbox"/> | <input type="checkbox"/> |
|---|--------------------------|--------------------------|

|  |                          |                          |
|--|--------------------------|--------------------------|
| <b>20.</b> I always keep a hand on my baby when they are above the floor (like on a changing table). | <input type="checkbox"/> | <input type="checkbox"/> |
|--|--------------------------|--------------------------|

|  |                          |                          |
|--|--------------------------|--------------------------|
| <b>21.</b> I feel confident securing my baby into their carseat. | <input type="checkbox"/> | <input type="checkbox"/> |
|--|--------------------------|--------------------------|

|  |                          |                          |
|--|--------------------------|--------------------------|
| <b>22.</b> My baby rides in a rear-facing safety seat, in the back seat. | <input type="checkbox"/> | <input type="checkbox"/> |
|--|--------------------------|--------------------------|

|   |                          |                          |
|---|--------------------------|--------------------------|
| <b>23.</b> No one smokes or vapes around my baby. | <input type="checkbox"/> | <input type="checkbox"/> |
|---|--------------------------|--------------------------|

|   |                          |                          |
|---|--------------------------|--------------------------|
| <b>24.</b> We have working smoke/carbon monoxide detectors at home. | <input type="checkbox"/> | <input type="checkbox"/> |
|---|--------------------------|--------------------------|

|  |                          |                          |
|--|--------------------------|--------------------------|
| <b>25.</b> I could check a rectal temperature if I needed to, and know a fever is 100.4 or higher. | <input type="checkbox"/> | <input type="checkbox"/> |
|--|--------------------------|--------------------------|