Entering the Room: I am willing to support standard work around processes that are identified as a best practice or process.

GOAL: To successfully implement and sustain the HOW, for perfect communication with patients ALWAYS, using key words at key times.

"We want every encounter to be a sacred encounter, because every moment matters."

#### **HCAHPS Questions:**

#### Communication with nurses

During this hospital stay, how often did nurses treat you with courteousy and respect?

#### Responsiveness of Hospital Staff

During this hospital stay, after you pressed the call button, how often did you get help as soon as you wanted it?

AIDET	WHAT:	How:	Why:	Standards of Behaviors
A = Acknowledge I = Introduce	When entering the patient room all staff need to knock on the door before entering every time.  Explain to the patient that we knock in order to respect the patients privacy and ensure dignity for each patient.	Take a second to be in the moment. Knock every time.	Knocking first provides you a second to be in the moment, because every moment matters. This helps all of us to be centered and present in a fast-paced environment prior to entering the patient's room. This also assists us in leaving personal or unit work issues outside the door and before crossing the threshold into the patient's room.	Trust: There is honesty, trust and respect between all levels and areas of the organization.  Teams believe in each other and their ability to carry out their work with excellence.  Constructive feedback is shared and accepted.  I respond to the needs and concerns of customers and fellow employees in a timely manner.
AIDET  A = Acknowledge I = Introduce D = Duration	name and introduce self and role. Ask " <b>HOW</b> may I help	How:  Come from a place of empathy and compassion versus task orientation. Be sensitive to the situation of both patient's in the room.	respect to the patient. This acknowledgement builds trust, reduces anxiety, and allows the patient to see that you are coming from a place of compassion and	Communication: All members of the healthcare team communicate in a way that is clear and accessible to others, open minded and invites differing opinions, honest and transparent, timely and targeted to individual needs.  I communicate in a respectful manner.  Optimistic and Positivity: Day to day successes based on established metrics are noticed and celebrated. Rounds provide positive feedback for individual's performance. Communication focus on solutions and successes. I address coworkers, patients and customers by name.
AIDET	WHAT:	How:	Why:	Standards of Behaviors
D = Duration E = Explaining	patient on time frames for the	Using key words at key times explains/describes timeframes for interactions, treatments. Set clear expectations to reduce anxiety, build trust and establish rapport with the patient.	Key words and time frames helps the patient to understand their care better. This aligns our behaviors and allows us to connect the "what"	Communication: All members of the healthcare team communicate in a way that is clear and accessible to others, open minded and invites differing opinions, honest and transparent, timely and targeted to individual needs.  I explain patiently and courteously to each person the information they need, including wait times, using language they understand.

Answering Phones: I am willing to support standard work around processes that are identified as a best practice or process.

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#### **HCAHPS Questions:**

### **Communication with nurses**

During this hospital stay, how often did nurses treat you with courteousy and respect?

### Responsiveness of Hospital Staff

During this hospital stay, after you pressed the call button, how often did you get help as soon as you wanted it?

AIDET	WHAT:	How:	Why:	Standards of Behaviors
A = Acknowledge	When answering the phone be courteous and respectful each and every time. Excellent phone etiquette continues from the time you pick up the phone until you hang up.		If everyone communicates with empathy you will stride toward a kinder, gentler and more healing environment for patients, families and the entire healthcare team.	COMMUNICATION  All members of the healthcare team communicate in a way that is clear and accessible to others, open minded, invites differing opinions, honest and transparent, timely and targeted to individual needs.  I explain patiently and courteously to each person the information they need, including wait times, using language they understand.
AIDET	WHAT:	How:	Why:	Standards of Behaviors
A = Acknowledge I = Introduce D = Duration E = Explanation T = Thank you	Acknowledge the caller and explain who you are, what your role is, your unit, and ask "How may I help you."	Come from a place of empathy and compassion versus task orientation. Always place the caller on hold so they can't hear your conversation. Clarify your response before getting back timely to the caller and try to meet their immediate need.	This demonstrates dignity and respect to the caller. This acknowledgement builds trust, reduces anxiety, and allows the caller to see that you are coming from a place of compassion and empathy and that they matter every moment that you are interacting with them.	PRIDE  Everyone is aware of the importance of their role in achieving our mission and vision. All healthcare team members have purposeful work that makes a difference.  I identify myself promptly and courteously on the telephone or in person. I attend to individuals needing assistance wherever I encounter them. I say, "I will help you find out," rather than "I don't know" or "That's not my job."

Leaving the Room: I am willing to support standard work around process that are identified as a best practice or process.

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# **HCAHPS Questions:**

#### **Communication with nurses**

During this hospital stay, how often did nurses treat you courteously and respect?

During this hospital stay, how often did nurses listen carefully to you?

During this hospital stay, how often did nurses explain things in a way you could understand?

AIDET	WHAT:	How:	Why:	Standards of Behaviors
A = Acknowledge E = Explanation	can do for you before I	that we can individualize the patients care. Make eye contact at the bedside and not at the doorway or as you are walking away.	the patients needs while we are in the room.  When you practice presence, the patient feels that they are your sole focus. This helps them feel supported, less anxious and grateful. The pivotal skill of presence doesn't take more time. It makes every moment of connection with the patient precious.	COMMUNICATION All members of the healthcare team communicate in a way that is clear and accessible to others, open minded and invites differing opinions, honest and transparent, timely and targeted to individual needs.  I listen attentively to others to understand what is being said. TRUST  There is honesty, trust and respect between all levels and areas of the organization. Teams believe in each other and their ability to carry out their work with excellence. Constructive feedback is shared and accepted.  I respond to the needs and concerns of customers and fellow employees in a timely manner.  LEADERSHIP  Leaders are trusted mentors and advocates for their teams. They act with integrity, listen carefully. Inspire confidence in others and help ensure success for the future by seeking and acknowledging ideas and input from staff and physicians.  I recognize the skills, talents and contributions of others. PRIDE Everyone is aware of the importance of their role in achieving our mission and vision. All healthcare team members have purposeful work that makes a difference.  I identify myself promptly and courteously on the telephone or in person.  I attend to individuals needing assistance wherever I encounter them.

Answering Call Lights: I am willing to support standard work around process that are identified as a best practice or process.

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### **HCAHPS Questions:**

### **Responsiveness of Hospital Staff**

During this hospital stay, after you pressed the call button, how often did you get help as soon as you wanted it? How often did you get help in getting to the bathroom or in using a bedpan as soon as you wanted?

AIDET	WHAT:	How:	Why:	Standards of Behaviors
A = Acknowledge	Responsiveness is within five minutes.		If a patient does have to hit the call light, a no-pass zone allows all staff to be responsive so that we can respond quickly. To create organization-wide focus and sustained results and	ACCOUNTABILITY Everyone participates in designing and performing work that ensures excellence in safety, service and efficiency. There are clear measures of success and ownership of projects or tasks. I review and respond in a timely manner to all communications directed to me.
AIDET	WHAT:	How:	Why:	Standards of Behaviors
A = Acknowledge I = Introduce		Respectful communication and acknowledging the patient, while managing up their expectations.	Acknowledging that the call light was pressed links our response to the patients' request for help. Most patients don't hit the call light unless they really have to.	PRIDE

M in the Box: I am willing to support standard work around processes that are identified as a best practice or process.

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### **HCAHPS**

#### **Communication about Medicine**

Before giving you any **new** medicine, how often did hospital staff tell you what the medicine was for?

Before giving you any **new** medicine, how often did hospital staff describe possible **side effects** in a way you could understand?

AIDET	What:	How:	Why:	Standards of Behaviors
A = Acknowledge I = Introduce E = Explanation D = Duration	M in the Box under goals on the whiteboard for new medications and teach back opportunity.	Acknowledge the patient/care giver by name. Explain the name purpose, duration, when it will take affect and side effects of the new medication. Explain the M in the box on the whiteboard. Next have the patient repeat the name of the medicine, what it is for, and a side effect. Have the patient repeat this information at shift to shift handoff and erase the M once the teachback is effective.	This process helps us take a team approach, including the patient, for successful learning and adherence to the new medication. Having the patient/caregiver participate in the teaching/learning curve ensures that the patient feels that they are part of their care, that they see consistency in the care that is provided and it decreases anxiety. It ensures that learning occurs throughout the admission and not only on the day of discharge.	COMMUNICATION  All members of the healthcare team communicate in a way that is clear and accessible to others, open minded and invites differing opinions, honest and transparent, timely and targeted to individual needs.  I explain patiently and courteously to each person the information they need, including wait times, using language they understand.
AIDET	What:	How:	Why:	Standards of Behaviors
E = Explanation	infromation for the patient prior to administration of all new medications.	Print out medication information from Krames for the patient/caregiver. Reivew it with them and place it in their patient education folder for continued	We give medications in order for patients to heal. What we tell them about those medications/as well as how oftern and how often we use them/is critical to ensuring that these intentions are met.	COLLABORATION Key stakeholders are included in decisions and changes, which are based on proven best practices. I share necessary information with my colleagues. LEADERSHIP Leaders are trusted mentors and advocates for their teams. They act with integrity, listen carefully. Inspire confidence in others and help ensure success for the future by seeking and acknowledging ideas and input from staff and physicians. I tailor each interaction to the specific needs of the person and/or situation.

Hourly Rounds: I am willing to support standard work around processes that are identified as a best practice or process.

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#### **HCAHPS Questions:**

## **Responsiveness of Hospital Staff**

How often did you get help in getting to the bathroom or in using a bedpan as soon as you wanted?

# **Pain Management**

During this hospital stay, how often did the hospital staff do everything they could to help you with your pain?

### **Nurse Communication**

During this hospital stay, how often did nurses treat you with courteousy and respect?

During this hospital stay, how often did nurses listen carefully to you?

During this hospital stay, how often did nurses explain things in a way you could understand?

# **Hospital Environment**

During this hospital stay, how often were your room and bathroom kept clean

AIDET	WHAT:	How:	Why:	Standards of Behaviors
E = Explanation	Purposeful hourly rounding sets the expectation with the patients, such as, the 4 Ps; toileting	Active listening - To build a relationship so that we can individualize the patient's care. Make eye contact at the bedside and not at the doorway	Decreases anxiety and promotes patient safety (decreases falls), while reducing the use of call lights. Improves patient satisfaction and their perception of the care that they received.	LEADERSHIP Leaders are trusted mentors and advocates for their teams. They act with integrity, listen carefully. Inspire confidence in others and help ensure success for the future by seeking and acknowledging ideas and input from staff and physicians. I tailor each interaction to the specific needs of the person and/or situation.
AIDET	WHAT:	How:	Why:	Standards of Behaviors

A = Acknowledge	_	Purposeful hourly rounding	These behaviors ensure that the	INNOVATION
I = Introduce (first	of hourly rounding:	should be associated with the	patient's expectations and needs	Creativity in improving services and reducing waste is
encounters and		care that you are already	are proactively met.	strongly encouraged and rewarded. Successes are
reinforcement when	words to reduce	providing to the patient.	We want to communicate with	shared and rolled out
needed)	anxiety. (AIDET)	Being consistent builds trust,	empathy and compassion so that	organizationally and unsuccessful efforts are shared
E = Explanation	2. Perform	decreases anxiety, and being	the "how much" of our caring	to provide learning for the organization.
D = Duration	scheduled tasks.	consistent builds accountability	shows through in purposeful	I seek to support ways and ideas that we can
T = Thank you	3. Address the 4 Ps	into our relationships with our	hourly rounding. These	continually enhance our services.
	(see above) 4.	patients and our co-workers.	behaviors will change our	I am willing to support standard work around
	Assess additional	Communicating time frames	patient's perceptions from usually	process that are identified as a best practice or
	comfort needs (see	allows the patient to be part of	to always. This	process
	above)	the care and how their day is	gives us the opportunity to truly	p. 66666
	5. Conduct an	structured.	connect with patient and create a	
	environment	This creates a culture of	sacred encounter.	
	assessment (see	proactive care, rather than		
	above)	reactive problem solving.		
	6. Prior to leaving,			
	ask "Is there			
	anything else I can			
	do for you before I			
	leave, I have the			
	time."			
	7. Tell each patient			
	when you will be			
	back.			
	8. Document the			
	round on the white			
	board.			

Pain Management: I am willing to support standard work around process that are identified as a best practice or process.

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### **HCAHPS**

# **Pain Management**

During this hospital stay, how often was your pain well controlled?

During this hospital stay, how often did the hospital staff do everything they could to help you with your pain?

AIDET	WHAT:	How:	Why:	Standards of Behaviors
E = Explanation		Using key words at key times to explain to the patient that we always want to manage your pain, but being clear that they may not be pain free during their hospitalization. "We will do all that we can to make you comfortable. We may not get you pain free but we will do the best we can."	Uncontrolled pain impacts the patients ability to heal and increases their risk for complications. It also increases anxiety. This will help us to build a relationship with our patients during their most vulnerable time of need which fosters trust.	LEADERSHIP Leaders are trusted mentors and advocates for their teams. They act with integrity, listen carefully. Inspire confidence in others and help ensure success for the future by seeking and acknowledging ideas and input from staff and physicians. I tailor each interaction to the specific needs of the person and/or situation.
E = Explanation	WHAT: Utilizie all interventions for pain and comfort management during your hourly rounds.	comfortable as possible.") Doing everything that we can to manage their pain, whether that is through	Provides consistency in care and message. Reduces patients anxiety and allows them to understand their care and treatment plan for better pain management. This provides them with the consistent communication that we want to control their pain and that we are actively doing all that we can to manage their pain. It helps to create realistic expectations. This will allow our patients to see and feel our	Standards of Behaviors  COMMUNICATION  All members of the healthcare team communicate in a way that is clear and accessible to others, open minded and invites differing opinions, honest and transparent, timely and targeted to individual needs.  I explain patiently and courteously to each person the information they need, including wait times, using language they understand. TRUST  There is honesty, trust and respect between all levels and areas of the organization. Teams believe in each other and their ability to carry out their work with excellence. Constructive feedback is shared and accepted.  I respond to the needs and concerns of customers and fellow employees in a timely manner.

# #8 Discharge JI's

Discharge Inform I am willing to support standard work around processes that are identified as a best practice.

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# **HCAHPS Questions:**

## **Discharge Information**

During this hospital stay, did doctors, nurses or other hospital staff talk with you about whether you would have the help you needed when you left the hospital? During this hospital stay, did you get information in writing about what symptoms or health problems to look out for after you left the hospital?

AIDET	WHAT:	How:	Why:	Standards of Behaviors
	planning begins on admission assures that the patient and caregiver is prepared for discharge.	prepared for your care after discharge." This helps the patient and caregivers participate in their care and it allows them to prepare for the discharge. This provides time for the patient and the caregivers to think about what their needs will be. Use open ended questions about the help they	admission allows us to share, repeat, and ensure retention of important information throughout the patient's stay. It supports the continuum of care by connecting the information staff members provide during the hospital stay to the patient's care at home. This helps us to	COMMUNICATION All members of the healthcare team communicate in a way that is clear and accessible to others, open minded and invites differing opinions, honest and transparent, timely and targeted to individual needs.  I explain patiently and courteously to each person the information they need, including wait times, using language they understand.
AIDET	WHAT:	How:	Why:	Standards of Behaviors

E = Explanation	Provide patient-friendly	Use Krames patient education materials to	Having an individualized, user-	LEADERSHIP
	educational materials	review this information with the patient, and	friendly record of what patients	Leaders are trusted mentors and
	through the stay, with	use this opportunity for teach back.	should do once they get home	advocates for their teams. They act with
	reinforcement upon	Don't let paper replace human interaction.	makes compliance far more	integrity, listen carefully. Inspire
	discharge.		likely. Individualized patient	confidence in others
			discharge teaching goes a long	and help ensure success for the future by
			way to improving clinical	seeking and acknowledging ideas and
			outcomes and reducing	input from staff and physicians.
			rehospitalization.	I tailor each interaction to the specific
			The more that we can help	needs of the person and/or situation.
			patients achieve a safe	I seek to provide assistance that
			transition, home the more we	respects cultural health beliefs and
			can further our mission to	practices.
			provide excellent care.	
			Our patients deserve the kind	
			of guidance and instructions	
			that will allow them to continue	
			this excellent care at home.	