Downloading DEXCOM Continuous Glucose Monitoring (CGM)

To download your Dexcom CGM so that your provider can then review your data prior to your visit please make sure your device time & date are correct and then take the following steps:

Access the Dexcom CLARITY application: (please note the Clarity account is specific to your geographical area and accounts created outside the United States are not accessible within the United States):

1) Go to clarity.dexcom.com and choose the Home Users option.
2) Enter the username and password for your Dexcom Mobile or any other Dexcom account. Do not create a duplicate Dexcom account or your data will not be found. If you are unsure if you have an account, try to recover prior login. ***You already have a Dexcom account if*** you are already using the Dexcom CGM smartphone app AND/OR you have already uploaded your Dexcom receiver to CLARITY at home AND/OR you are already ordering sensor supplies online directly from Dexcom.

Using Dexcom Receiver vs. Dexcom Mobile CGM (phone) vs. using both:

- If you are using Dexcom Mobile CGM through your phone, your data is already streaming to CLARITY and you do NOT need to install the Uploader application to your computer. Go to "Sharing Data" below
- If you are using a Dexcom Reader to view your glucose data, you must install the "Uploader" application to your computer to upload data from your Dexcom CGM receiver to the Dexcom Clarity system.
    - After signing into clarity.dexcom.com follow instructions under "Upload" at top of screen. By default, the "Keep me logged in box" is checked so that each time you connect your Dexcom receiver to your computer, the Uploader will automatically open a browser window to show your CGM data page. Uncheck the "Keep me logged in" box if you want to disable auto-login.
- If you alternate between using your phone and the Dexcom Mobile application and the Dexcom Receiver, then you do need to install the "Uploader" as described above to download your reader in order to add receiver information to your glucose data from your Dexcom Mobile CGM stream

Using the Uploader to get data from your Dexcom receiver

1) Connect your Dexcom receiver to your computer using the USB cable supplied with your CGM.
2) Click the CLARITY logo in your system tray to get instructions, set preferences, and to view reports.
3) For directions to upload data from Dexcom Reader to Clarity: If you are using a Mac select "Instructions" OR if using a PC select "Options", then "Instructions" 4)

Select Options or Preferences tab to access the following:

   a. Auto-Display Reports: checking this to allows Uploader to open CLARITY after uploading data.
   b. Remembered Logins: Click Forget my login information to reset the Uploader username autofill on the login screen. You can only access this feature if your Dexcom receiver is connected to the computer.

5) Select View Report to open CLARITY in a browser window. You may be asked to log in.

SHARING YOUR DATA WITH St. Joseph's Endocrinology:

- On Phone app: Tap Share → accept invitation. → follow instructions to enter code
- For receiver / clarity.dexcom.com, on website go to settings→ bottom of page "Share Data with clinic" and enter invitation code.

If Phone app & no invitation, you can: Tap Share → generate code→ follow steps→ provide code to office

If needing assistance, please contact: Dexcom, Inc.   + 1.858.200.0200   www.dexcom.com