

2023 - 2025

COMMUNITY HEALTH IMPROVEMENT PLAN

Providence Milwaukie Hospital

Portland, Oregon



To provide feedback on this CHIP or obtain a printed copy free of charge, please email Joseph Ichter at Joseph.Ichter@providence.org.

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EXECUTIVE SUMMARY

Providence continues its Mission of service in Clackamas County through Providence Milwaukie Hospital (PMH). PMH is a 77-bed hospital offering primary and specialty care, general and specialty surgery, radiology, diagnostic imaging, pathology and 24/7 emergency medicine.

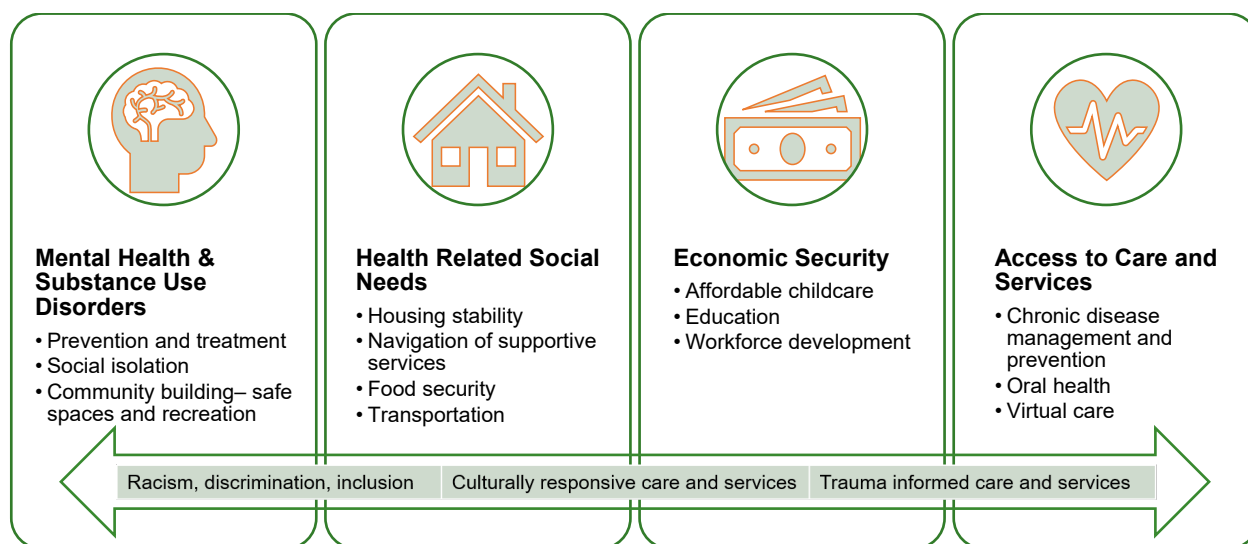
PMH dedicates resources to improve the health and quality of life for the communities it serves, with special emphasis on the needs of people experiencing social inequities and health disparities. During 2021, the hospital provided \$29,112,940 in community benefit in response to unmet needs.

The Community Health Needs Assessment (CHNA) is an opportunity for PMH to engage the community every three years with the goal of better understanding community strengths and needs. The results of the CHNA are used to guide and inform efforts to better address the needs of the community. Through a mixed-methods approach, using quantitative and qualitative data, the CHNA process relied on several sources of information: Oregon Health Authority, American Community Survey, Behavioral Health Risk Factor Surveillance Survey, Oregon Student Health Survey, health statistics and vital records, Department of Education, Washington Healthy Youth Survey, and recent community assessments such as public health data regarding health behaviors; morbidity and mortality statistics; and hospital-level data. Additionally, qualitative data was collected through community engagement sessions and a community health survey.

PMH Community Health Improvement Plan Priorities

A wide spectrum of significant health needs was identified in the 2022 CHNA, some of which are most appropriately addressed by other community organizations. The following graphic summarizes Providence Oregon’s priority areas, and PMH will focus on the following bolded pillars for its 2023-2025 community benefit efforts:

Oregon Region 2022 CHNA Priorities



INTRODUCTION

Who We Are

Our Mission As expressions of God’s healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.

Our Vision Health for a Better World

Our Values Compassion — Dignity — Justice — Excellence — Integrity

Providence Milwaukie Hospital (PMH) is an acute-care hospital founded in 1968 and located in Milwaukie, Oregon. The hospital has 77 licensed beds and a medical staff of 460. Major programs and services offered to the community include radiology, surgery, emergency care, cancer treatment, pediatrics, nuclear medicine, and sleep disorder treatment, among others.

Our Commitment to Community

PMH dedicates resources to improve the health and quality of life for the communities we serve. During 2021, PMH provided \$29,112,940 in community benefit¹ in response to unmet needs and to improve the health and well-being of those we serve in the Portland metro area.

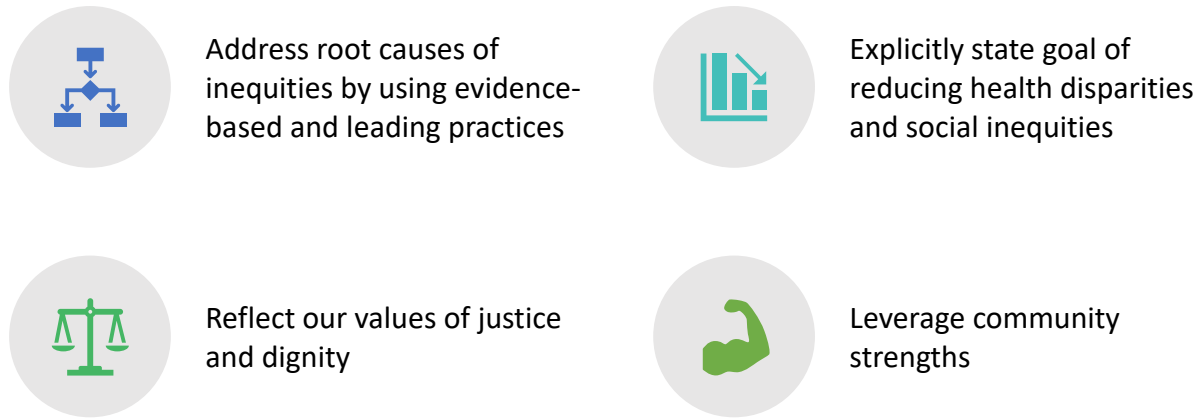
Health Equity

At Providence, we acknowledge that all people do not have equal opportunities and access to living their fullest, healthiest lives due to systems of oppression and inequities. We are committed to ensuring health equity for all by addressing the underlying causes of racial and economic inequities and health disparities. Our vision is “Health for a Better World.” To achieve that, we believe we must address not only the clinical care factors that determine a person’s length and quality of life, but also the social and economic factors, the physical environment, and the health behaviors that all play an active role in determining health outcomes.

To ensure that equity is foundational to our CHIP, we have developed an equity framework that outlines the best practices that each of our hospitals will implement when completing a CHIP. These practices include, but are not limited to the following:

¹ Community benefit giving and reporting is based on Oregon Health Authority instructions for 2021.

Figure 1. Best Practices for Centering Equity in the CHIP



Community Benefit Governance

PMH further demonstrates organizational commitment to the community benefit process through the allocation of staff time, financial resources, and participation and collaboration with community partners. The Community Health Division, in collaboration with PMH leadership, is responsible for coordinating implementation of state and federal 501r requirements, as well as providing the opportunity for community leaders and internal hospital executive leadership members, physicians and other staff to work together in planning and implementing the Community Health Improvement Plan.

As a primary source of community benefit advice and local leadership, the Portland Service Area Advisory Council (SAAC) plays a pivotal role in supporting the hospital's board of trustees to oversee community benefit issues. Acting in accordance with a board-approved charter, the SAAC is charged with identifying policies and programs that address identified needs in the service area particularly for underserved populations, overseeing development and implementation of the Community Health Needs Assessment (CHNA) and CHIP reports, and overseeing and directing the community benefit activities. The SAAC delegates some work to the Community Benefit Committee, a majority of members who have knowledge and experience with the populations most likely to have disproportionate unmet health needs. The Community Benefit Committee generally meets quarterly.

Planning for the Uninsured and Underinsured

Providence's Mission is to provide quality care to all our patients, regardless of ability to pay. We believe that no one should delay seeking needed medical care because they lack health insurance. That is why PMH has a Financial Assistance Program (FAP) that provides free or discounted services to eligible patients.

One way PMH informs the public of our FAP is by posting notices on site at the hospital. The notices are posted in high volume inpatient and outpatient service areas. Notices also are posted at locations where a patient may pay their bill. Notices include information about how to obtain more information on

financial assistance, as well as where to apply for assistance. These notices are posted in English and Spanish and any other languages that are representative of 5% or greater of patients in the hospital's service area. All patients who demonstrate lack of financial coverage by third- party insurers are offered an opportunity to complete the Patient Financial Assistance Application and are offered information, assistance and referrals as appropriate to government-sponsored programs for which they may be eligible. Notices and information also are available on our website in multiple languages. For information on our Financial Assistance Program click [here](#).

OUR COMMUNITY

Description of Community Served

Based on geographic location relative to other hospitals in the area and patient demographics, Clackamas County (in red) is PMH’s primary service area. Neighboring Washington, Multnomah, and Clark (WA) counties are considered secondary service areas that are primarily served by other area hospitals.



Community Demographics

POPULATION AND AGE DEMOGRAPHICS

According to the 2020 U.S. Census, the population of Clackamas County is over 420,000 people. This represents a 12% increase since 2010. The median age is 41.9 years with ages 50-59 years being the largest age group (13.7%).

Age Group	Percentage
0 to 9 years	11.3%
10 to 19 years	12.5%
20 to 29 years	11.5%
30 to 39 years	12.9%
40 to 49 years	13.2%
50 to 59 years	13.7%
60 to 69 years	13.5%
70 to 79 years	7.5%
80 years and older	4.0%

Data Source: 2019 American Community Survey, 5-year estimate

POPULATION BY RACE AND ETHNICITY

Among Clackamas County residents in 2021, 88.0 percent identified as white, 9.5 percent as Hispanic or Latino, 5.2 percent as Asian, 1.3 percent as African American or Black, 1.1 percent as Alaska Native or American Indian, and 4.0 percent as two or more races.

Data Source: Vintage 2022 Census Bureau Population Estimates

SOCIOECONOMIC INDICATORS

Table 1. Income Indicators for Clackamas County Service Area

Indicator	Clackamas County	Oregon
Median Income Data Source: 2019 American Community Survey, 5-year estimate	\$79,438	\$62,818
Percent of Renter Households with Severe Housing Cost Burden Data Source: 2019 American Community Survey, 5-year estimate	25.3%	24.0%

The median household income in Clackamas County (\$79,438) is higher than Oregon’s median income of \$62,818. Low-income households have an increased chance of experiencing severe housing cost burden, which is defined as households that spend 50% or more of their income on housing. In Oregon, 24% of renter households experience severe housing cost burden, compared to 25.3% in Clackamas County.

Full demographic and socioeconomic information for the service area can be found in the 2022 CHNA for [PMH](#).

COMMUNITY HEALTH NEEDS ASSESSMENT PROCESS AND RESULTS

Summary of Community Needs Assessment Process and Results

In the Portland metro area, PMH is a member of the Healthy Columbia Willamette Collaborative (HCWC). The collaborative is a unique coalition of 13 organizations in Washington, Clackamas and Multnomah counties in Oregon and Clark County in Washington State. HCWC is dedicated to advancing health equity in the four-county region, serving as a platform for collaboration around health improvement plans and activities that leverage collective resources to improve the health and well-being of local communities.

Through a mixed-methods approach, using quantitative and qualitative data, we collected information from the following sources: Oregon Health Authority, American Community Survey, Behavioral Health Risk Factor Surveillance Survey, Oregon Student Health Survey, health statistics and vital records, Department of Education, Washington Healthy Youth Survey, and recent community assessments such as public health data regarding health behaviors; morbidity and mortality rates; and hospital-level data.

We conducted a community health survey that engaged 508 individuals. Additionally, we conducted 38 community engagement sessions, seven of which were conducted in a language other than English, with 311 individuals representing the following communities:

- Black, Indigenous, People of Color, and American Indian/Alaska Native people
- People who identify as LGBTQIA+
- People with disabilities
- Older adults, 65 years and older people affected by incarceration
- Rural communities
- Unhoused or people experiencing houselessness
- Immigrant populations
- Non-English speaking communities
- People with substance use disorders
- Youth

Below is a short list of highlights from our quantitative and qualitative data collection:

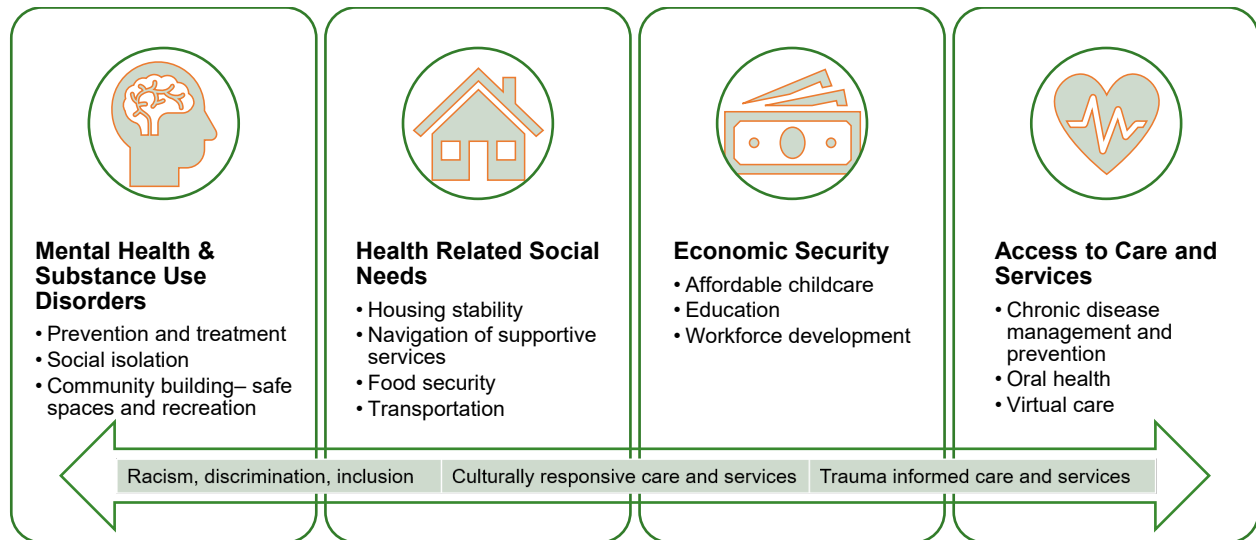
- People of color and people with disabilities are historically more likely to experience barriers to employment. The unemployment rate among Black/African Americans and people with disabilities was nearly twice as high as the general population in both 2019 and 2021.
- While 13% of community survey respondents reported being discriminated against by the health care system, this increased to between 20% and 30% among the CHNA's priority populations.
- The CHNA's priority populations reported delaying health care due to fear or discomfort at nearly twice the rate of all respondents and were more likely to report lack of trust with the health care system.

While care was taken to select and gather data that would tell the story of the hospital’s service area, it is important to recognize the limitations and gaps in information that naturally occur. A full accounting of data limitations can be found in the full CHNA.

Significant Community Health Needs Prioritized

A wide spectrum of significant health needs was identified in the 2022 CHNA, some of which are most appropriately addressed by other community organizations. The following graphic summarizes Providence Oregon’s priority areas, and PMH will focus on the following bolded pillars for its 2023-2025 Community Benefit efforts:

Oregon Region 2022 CHNA Priorities



Needs Beyond the Hospital’s Service Program

No hospital facility can address all of the health needs present in its community. We are committed to continuing our Mission through community benefit grant-making and ongoing partnerships in our community.

While we strive to care for our communities each day, we recognize that we cannot address all needs effectively or independently. For example, we simply will not have enough resources to solve the housing crisis in the Portland metro area. However, we are confident that these needs will be addressed by others in the community. For instance, our partnership with Meals on Wheels People in the Portland metro area not only offers healthy meals to address food insecurity, but also provides an avenue for seniors experiencing social isolation to connect with one another.

While not constituting a direct intervention, PMH will collaborate with community partners that address the aforementioned health and social needs to coordinate care and referrals that may positively affect these unmet needs. We strongly believe that together we can better address the needs of our communities by leveraging our collective strengths.

COMMUNITY HEALTH IMPROVEMENT PLAN

Summary of Community Health Improvement Planning Process

Through a collaborative process, the Portland Service Area Advisory Council (SAAC), representing internal staff and community members, selected the significant health needs to be addressed in the CHIP. As a first step in identifying key strategies to address those needs, the Providence Community Health Team did a cross analysis of community health programs, grants to community partners and key partnerships that could make an impact. A brainstorming tool describing the level of intervention and population-level for each specific need served as an essential step in generating feasible CHIP strategies.

After populating the CHIP with strategies and measures, the PSAAC, along with PMH hospital leadership, provided input and gave feedback on the initial strategies and measures. This was an iterative process resulting in multiple rounds of feedback and modification ultimately leading to final approval.

Addressing the Needs of the Community: 2023- 2025 Key Community Benefit Initiatives and Evaluation Plan

COMMUNITY NEED ADDRESSED #1: MENTAL HEALTH AND SUBSTANCE USE DISORDERS

Population Served

Adults with low income in need of access to mental health and/or substance use disorder services

Long-Term Goal(s)/ Vision

- To reduce substance use disorders and related health conditions through evidence-based prevention, treatment and recovery support services.
- To ensure equitable access to high-quality, culturally responsive, and linguistically appropriate mental health services, especially for populations with low incomes.
- An improved workforce of mental health professionals that is representative of the community served and can effectively and compassionately respond to the community’s mental health and substance use needs.

Table 2. Strategies and Strategy Measures for Addressing Mental Health and Substance Use Disorder

Strategy	Population Served	Strategy Measure	Baseline	2023-2025 Target(s)
BOB Program - Caring Contacts Peer Support connects patients to community resources and BH	Adults recently discharged from the ED in behavioral health crisis	# of calls made	389 calls	2023 – 390 calls 2024 – 390 calls 2025 – 390 calls

programs while providing needed support services along the way				
BOB Program ED Outreach - identify behavioral health patients with frequent ED visits that may need additional support and services after discharge	Adults with frequent ED visits discharging from PMH ED w/ low income and in need of access to mental health/substance abuse services	ED utilization (% change at three months post-BOB)	-32.7%	2023 – -30% 2024 – -32% 2025 – -35%
Grant to Raices de Bienestar	Latinx adults in need of mental health services	# of people served	36 people	2023 – 135 people
Grant to Adelante Mujeres	Latinx adults in need of mental health services	% of participants referred to initiate care	0%	2023 – 70%

Evidence Based Sources

Healthy People 2030 Evidence-Based Resources: <https://health.gov/healthypeople/tools-action/browse-evidence-based-resources>

County Health Rankings and Roadmaps Evidence-Based Strategies: <https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies>

AHA White Papers on SDOHs: <https://www.aha.org/social-determinants-health/populationcommunity-health/community-partnerships>

Resource Commitment

Community benefit funds, operational funds, outside grant sources

Key Community Partners

BOB Program, NAMI Multnomah, Raices de Bienestar and Adelante Mujeres

COMMUNITY NEED ADDRESSED #2: ACCESS TO CARE AND SERVICES

Population Served

Individuals who are un- and under-insured

Long-Term Goal(s)/ Vision

- To improve access to health care and preventive resources for people with low incomes and those uninsured by deploying programs to assist with navigating the health care system.

Table 3. Strategies and Strategy Measures for Addressing Access to Health Care and Services

Strategy	Population Served	Strategy Measure	Baseline	2025 Target
EyeVan Program: partner with Pacific University to increase access to vision screening and prescription glasses	Un- and under-insured individuals	# of people served	10 people	2023 – 15 people 2024 – 15 people 2025 – 15 people
Smile Everywhere Program: partner with Pacific University to increase access to preventive oral health services	Un- and under-insured individuals	# of people served	10 people	2023 – 10 people 2024 – 15 people 2025 – 15 people
Partner with Medical Teams International to provide mobile emergency dental services	Un- and under-insured individuals	# of patients served # of community clinics held	57 patients 12 clinics	2023 – 56 patients; 8 clinics 2024 – 56 patients; 8 clinics 2025 – 56 patients; 8 clinics
Diabetes Self-Management Education Program	Community members living with diabetes	# of patients served	618 patients	2023 – 743 patients 2024 – 743 patients 2025 – 743 patients
Grant to Volunteers of America	Women affected by domestic and sexual violence	# of clients served	0	2023 – 50 clients

Evidence Based Sources

Healthy People 2030 Evidence-Based Resources: <https://health.gov/healthypeople/tools-action/browse-evidence-based-resources>

County Health Rankings and Roadmaps Evidence-Based Strategies:
<https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies>

AHA White Papers on SDOHs: <https://www.aha.org/social-determinants-health/populationcommunity-health/community-partnerships>

Resource Commitment

Community benefit funds, operational funds, outside grant sources

Key Community Partners

Pacific University, Medical Teams International, Volunteers of America

COMMUNITY NEED ADDRESSED #3: HEALTH RELATED SOCIAL NEEDS – HOUSING INSTABILITY

Population Served

Individuals experiencing housing instability

Long-Term Goal(s)/ Vision

- A seamless connection between health care and homeless services, ensuring that people experiencing homelessness receive timely and appropriate linkage to community-based homeless services.
- That Providence is a dedicated member of local coalitions to ensure coordination of homeless support services, including recuperative care, and that there are increased connections to supportive services for individuals experiencing homelessness.
- A coordinated and holistic community approach to providing increased linkages to supportive services for people experiencing homelessness.

Table 4. Strategies and Strategy Measures for Addressing Housing Instability

Strategy	Population Served	Strategy Measure	Baseline	2023 - 2025 Targets
Patient Support Program: increase access to supportive services	Unhoused individuals	# of clients served # of vouchers approved for health related social needs	558 clients 789 vouchers	2023 – 558 clients; 789 vouchers 2024 – 558 clients; 789 vouchers 2025 – 558 clients; 789 vouchers
Community Resource Desk: connect families in need to appropriate housing resources	Individuals and families with unmet social needs	# of clients served	907 clients	2023 – 998 clients 2024 – 1,098 clients 2025 – 1,208 clients
Grant to Homeless Solutions Coalition to develop a service “hub”	Individuals in need of housing services	Milestones	N/A	2023 – hire an executive director; develop a strategic plan
Catholic Charities Healthy Housing Initiative: increase direct access to health care providers while promoting preventive care and well-being	Individuals in need of housing services and linkages to health care providers	Milestones	Health survey to better understand housing residents’ health needs conducted; Held two health events with doctors on-site	Implement program where doctors are on site 4-8 times per year; Establish a pathway for residents to establish care

Evidence Based Sources

Healthy People 2030 Evidence-Based Resources: <https://health.gov/healthypeople/tools-action/browse-evidence-based-resources>

County Health Rankings and Roadmaps Evidence-Based Strategies:
<https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies>

AHA White Papers on SDOHs: <https://www.aha.org/social-determinants-health/populationcommunity-health/community-partnerships>

Resource Commitment

Community benefit funds, operational funds, outside grant sources

Key Community Partners

Providence Medical Group, Impact NW, Project Access NOW

COMMUNITY NEED ADDRESSED #4: ECONOMIC SECURITY

Population Served

Individuals with low incomes facing economic uncertainty and in need of new education or job skills

Long-Term Goal(s)/ Vision

- To increase the number of people achieving a stable income, education or job skills leading to better economic security

Table 5. Strategies and Strategy Measures for Addressing Economic Security

Strategy	Population Served	Strategy Measure	Baseline	2025 Target
Grant to Serendipity Center to expand student job skills and teacher incentives	Youth who have disabilities that create barriers to employment	# of individuals served	0	2023 – 93
Grant to ASSIST to optimize client enrollment for SSI benefits	Adults with severe physical or mental disabilities who are unable to work	# of clients served	0	2023 – 35

Evidence Based Sources

Healthy People 2030 Evidence-Based Resources: <https://health.gov/healthypeople/tools-action/browse-evidence-based-resources>

County Health Rankings and Roadmaps Evidence-Based Strategies:
<https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies>

AHA White Papers on SDOHs: <https://www.aha.org/social-determinants-health/populationcommunity-health/community-partnerships>Resource Commitment

Community benefit funds, operational funds, outside grant sources

Key Community Partners


Serendipity Center, ASSIST

2023- 2025 CHIP GOVERNANCE APPROVAL

This Community Health Improvement Plan was adopted by the Portland Service Area Advisory Council on April 21, 2023. The final report was made widely available by May 15, 2023.


Date
4/27/2023

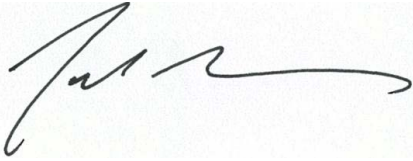
Brad Henry
Interim Chief Executive, PMH


Date
4/27/2023

William Olson
Chief Executive, Oregon Region


Date
4/27/2023

Louis Libby
Chair, Oregon Community Ministry Board


Date
4/27/2023

Joel Gilbertson
Chief Executive, Central Division

CHNA/CHIP Contact:

Joseph Ichter, DrPH
Senior Director, Community Health Investment
Joseph.ichter@providence.org

To request a printed copy free of charge, provide comments, or view electronic copies of current and previous Community Health Needs Assessments, please email CHI@providence.org.