

Immunizations (shots) help protect preteens against serious diseases.

Immunizations are as important for preteens as they are for babies. Now is a good time to make sure your preteen gets shots they may have missed and get new ones they need. Talk to your preteen's doctor about shots recommended by the Centers for Disease Control and Prevention (CDC).

Here is a list of shots recommended for your preteen.

Immunizations	Doses and Timing of Recommended Shots
Tetanus, Diphtheria, Pertussis (Tdap)	1 dose of teen series – between 11-12 years
Human Papillomavirus (HPV) (females)*	3 doses – between 11-12 years
Meningococcal	1 dose – between 11-12 years
Influenza	Annually

Make sure your preteen is caught up on these shots

Diphtheria, Tetanus and Pertussis (DTaP)	Final dose of child series – between 4-6 years
Polio (IPV)	Final dose – between 4-6 years
Measles, Mumps and Rubella (MMR)	Final dose – between 4-6 years
Varicella (Chickenpox)	Final dose – between 4-6 years

**Recommendations may vary; please see your child's doctor for details.*

For more information visit
www.providence.org/php/immunizations.

