

18 Month Pre-Visit Questionnaire

Instructions: Please answer the questions below about your child by circling or putting an X on the correct choice. These questions help us assess the health, development, and safety of your child.

General Health

| | | | |
|---|--|----|-----|
| 1 | Do you have any concerns about your child's health? | NO | YES |
| 2 | Has your child had any problems with shots or immunizations? | NO | YES |
| 3 | Does your child receive health care from anyone besides a medical doctor, nurse practitioner or physician's assistant (acupuncturist, chiropractor, naturopath)? | NO | YES |

Review of Systems

| | | | |
|---|--|----|-----|
| 4 | Do you have any concerns about your child's hearing? | NO | YES |
| 5 | Do you have any concerns about your child's vision? | NO | YES |

Feeding/Nutrition

| | | | |
|----|---|-----|-----|
| 6 | Is your child drinking formula or milk well? | YES | NO |
| | a. Which kind of milk or formula? | | |
| | b. How much milk per day? | | |
| 7 | Is your child eating 5 servings of fruits and vegetables daily? | YES | NO |
| 8 | When your child eats grains (cereal, bread, pasta, crackers, waffles, rice, etc), are they mostly whole grains? | YES | NO |
| 9 | Does your family eat junk foods (chips, cookies, crackers, candy) and/or fast foods more than two or three days per week? | NO | YES |
| 10 | Do you keep away any foods that your child can choke on (raw vegetables, nuts, hot dogs, popcorn)? | YES | NO |
| 11 | Does your child drink from a bottle? | NO | YES |
| 12 | Does your child drink juice or other sweetened drinks? | NO | YES |
| 13 | Do you give your child any vitamins or supplements? | NO | YES |
| 14 | Are you worried about your child's weight? | NO | YES |

Oral Health

| | | | |
|--|-----|-----|----------|
| 15 Does your child see a dentist? (If your answer is yes, please skip ahead to #20) | YES | NO | |
| ANSWER #16-19 <u>ONLY</u> IF YOUR CHILD DOES <u>NOT</u> SEE A DENTIST | | | |
| 16 Has any caregiver had cavities/dental decay in the past year? | NO | YES | |
| 17 Does your child drink something other than water from a cup continually and/or snack frequently throughout the day? | NO | YES | |
| 18 Does your water contain fluoride or is your child on a fluoride supplement? | YES | NO | NOT SURE |
| 19 Do you brush your child's teeth with a fluoride-containing toothpaste (size of a grain of rice) twice daily? | YES | NO | |

Elimination

| | | |
|--|----|-----|
| 20 Does your child have any problems with bowel movements (pooping)? | NO | YES |
|--|----|-----|

Activity / Exercise / Screen Time

| | | |
|---|-----|-----|
| 21 Does your child have screen time (smartphone, tablet, TV)? | NO | YES |
| 22 Do you play with your child every day? | YES | NO |
| 23 Do you read to your child every day? | YES | NO |

Sleep

| | | |
|--|-----|----|
| 24 Does your child sleep through the night? | YES | NO |
| 25 Do you have a bedtime routine? | YES | NO |
| 26 Does your child fall asleep on his/her own, in his/her own bed? | YES | NO |

Social Stressors

| | | | |
|--|----|-----|-----------|
| 27 Have there been any major changes or stresses in your family recently? | NO | YES | |
| 28 Within the past 12 months have you worried that your food would run out before you got money to buy more? | NO | YES | SOMETIMES |
| 29 Within the past 12 months did you run out of food and you didn't have money to get more? | NO | YES | SOMETIMES |

Behavior

| | | |
|---|-----|-----|
| 30 Do you have any questions about your child's behavior or how to discipline your child? | NO | YES |
| 31 Do you praise your child when he/she is behaving well? | YES | NO |

Lead

| | | |
|---|----|-----|
| 32 Is your child regularly in a house built before 1978? | NO | YES |
| a. Is there any peeling or chipping paint or are you remodeling? | NO | YES |
| 33 Does your child have a brother, sister, or playmate who ever had lead poisoning? | NO | YES |

Safety

| | | | |
|--|-----|-----|---------------|
| 34 Is the crib mattress at the lowest position? | YES | NO | |
| 35 Does anyone smoke or vape around your child? | NO | YES | |
| 36 Do you have working smoke and carbon monoxide detectors in your home? | YES | NO | |
| 37 Do you keep plastic bags and latex balloons away from your child? | YES | NO | |
| 38 Does your child ride in a rear-facing safety seat, in the back seat? | YES | NO | |
| 39 Do you keep your child away from the stove? | YES | NO | |
| 40 Is there a swimming pool, pond or lake near your home? | NO | YES | |
| a. If yes, is it secured so that your child cannot access it? | YES | NO | DOESN'T APPLY |
| 41 Do you have a fire escape plan? | YES | NO | |
| 42 Do you keep furniture away from windows or use window guards? | YES | NO | |
| 43 Do you have a gate on your stairs? | YES | NO | |
| 44 Do you have the number for Poison Control (1-800-222-1222)? | YES | NO | |
| 45 Is there a gun in the home? | NO | YES | |
| a. If yes, is it locked in a safe with the ammunition stored separately? | YES | NO | DOESN'T APPLY |