



Patient Name: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**Allergies**

<i>Category</i>	<i>Yes</i>	<i>No</i>	<i>Do Not Know</i>	<i>List Specific item (for example, sulfa, eggs, dust mites)</i>	<i>What happens (for example, rash, swelling, itchy eyes)?</i>
Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Environmental	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

**Present Illness**

Please describe in your own words the date of onset of your illness, symptoms & treatment.

---

---

---

---

---

---

---

---

---

---

How long have you had symptoms? Are they constant or do they come and go?

---

What makes it worse?

---

---

---

Has anything made it better?

---

---

---

---

Patient Name: \_\_\_\_\_

Please indicate if you have had or currently are experiencing any of the following. If you are not sure, please mark "Do Not Know" and we will be happy to assist you during your scheduled visit.

**GENERAL**

Condition		Yes	No	Do Not Know
1.	Fever / Chills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Swollen or enlarged (lymph) glands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Weight Changes (loss or gain)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Night sweats (soaking the sheets)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Insomnia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Loss of appetite	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**SKIN**

Condition		Yes	No	Do Not Know
1.	New or Changing moles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Birthmarks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	New rashes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Sensitivity to the sun	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**HEAD, EYES, EARS, NOSE, THROAT – (HEENT)**

Condition		Yes	No	Do Not Know
1.	Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Dizziness or fainting spells	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Vision problems / double or blurred vision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Problems with hearing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Sinus trouble	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Nose bleeding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Sore tongue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Bleeding gums	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.	Unusual trouble with teeth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.	Recent cold or sore throat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	Itchy eyes, itchy nose (Allergies)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	Dry eyes, Dry mouth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**ENDOCRINE**

Condition		Yes	No	Do Not Know
1.	Thyroid Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Heat or cold intolerance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Changes in hair or nails	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Changes in skin texture	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Patient Name: \_\_\_\_\_

### HEART

	Condition	Yes	No	Do Not Know
1.	Heart problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Bruise easily or bleed easily	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Pressure in chest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Undue shortness in breath (day or night)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Ankle Swelling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Pain in legs while walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Have you ever had a blood transfusion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### PULMONARY

	Condition	Yes	No	Do Not Know
1.	Chronic cough, coughed up blood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Do you have the date of your last chest x-ray?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Soaking sweats	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Exposure to TB	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	History of a positive TB test (PPD)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### GASTROINTESTINAL

	Condition	Yes	No	Do Not Know
1.	Abdominal pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Difficulty swallowing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Nausea or vomiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Frequent bowel movements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Constipation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Recent change in bowel movements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Black bowel movements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Blood in stools	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.	Jaundice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.	History of hepatitis?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	Sensitivity to Gluten?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	History of inflammatory bowel disease?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### GENITOURINARY URINARY

	Condition	Yes	No	Do Not Know
1.	Kidney problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Blood in urine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Testicular pain / tenderness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Patient Name: \_\_\_\_\_

**MUSCULOSKELETAL / IMMUNE**

Condition		Yes	No	Do Not Know
1.	Joint pain / arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Back or bone pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Numbness or tingling of hands or feet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Muscle pain or weakness, sore muscles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Muscle spasms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	History of autoimmune disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Abnormal antibody tests?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Immune problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.	Color changes in fingers / toes (white, blue or red)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**NEUROLOGIC**

Condition		Yes	No	Do Not Know
1.	Excessive worry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Excessive depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Nervous disorders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Slowed thinking, decreased concentration or decreased memory (out of ordinary)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Seizures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Tremors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Strokes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Trans Ischemic Attack (TIA)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.	Changes in your vision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.	Problems with bowel / bladder control	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	Unsteady walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	Loss of balance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13.	Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Habits**

Condition	
1.	Alcohol intake: <input type="checkbox"/> Yes <input type="checkbox"/> No Indicate next to each the amount of drinks and Frequency- i.e. Daily, Weekly or Monthly. 1. Beer        _____ 2. Wine        _____ 3. Whiskey _____ 4. Other        _____
2.	Smoking: Cigarettes _____ packs _____
3.	Intravenous Drug use? <input type="checkbox"/> Yes <input type="checkbox"/> No
4.	Other Drug use? (such as freebase cocaine) <input type="checkbox"/> Yes <input type="checkbox"/> No
5.	Exercise <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, type and frequency?

Patient Name: \_\_\_\_\_

**Past Surgeries (Operations):**

Please list in chronological order

DATE	TYPE OF OPERATION	REASON FOR SURGERY	HOSPITAL	DOCTOR

**Other Hospitalizations:**

Please list in chronological order

DATE	TYPE	HOSPITAL	DOCTOR

Please list any medications / herbs / supplements you are taking, date that you started and the date you discontinued (if applicable).

Pain Pills:
Tranquilizers:
Sleeping Pills:
Antibiotics (recently):
High blood pressure medicine / water pills:
Medicine for cholesterol control:
Over the counter / non-prescription drugs / nutritional supplements (i.e. Aspirin, Tylenol, Motrin, Aleve, Vitamins, Diet Pills, herbs, etc.):
Other Medications:

Patient Name: \_\_\_\_\_

**Family History**

RELATION	AGE	STATE OF HEALTH	IF DECEASED – CAUSE OF DEATH	AGE AT DEATH
Father				
Mother				
Spouse				
Brothers				
Sisters				
Children				

Patient Name: \_\_\_\_\_

**Fitzpatrick Skin-Type  
Genetic Disposition**

Score	0	1	2	3	4
What is the color of your eyes?	Light blue, Grey, Green	Blue, Grey or Green	Blue	Dark Brown	Brownish Black
What is the natural color of your hair?	Sandy red	Blond	Chestnut / Dark Blond	Dark Brown	Black
What is the color of your skin (non sun-exposed areas)?	Reddish	Very Pale	Pale with Beige tint	Light Brown	Dark Brown
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None

**Reaction to Sun Exposure**

Score	0	1	2	3	4
What happens when you stay in the sun too long?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rare burns	Never had burns
To what degree do you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easy	Turn dark brown quickly
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem

Patient Name: \_\_\_\_\_

**Fitzpatrick Classification Scale**

<b>Skin Type</b>	<b>Skin Color</b>	<b>Characteristics</b>
I	White; very fair; red or blond hair; blue eyes; freckles	Always burns, never tans
II	White; fair; red or blond hair; blue, hazel or green eyes	Usually burns, tans with difficulty
III	Cream white; fair with any eye or hair color; very common	Sometimes mild burn, gradually tans
IV	Brown; typical Mediterranean caucasian skin	Rarely burns, tans with ease
V	Dark Brown; mid-eastern skin types	Very rarely burns, tans very easily
VI	Black	Never burns, tans very easily

Patient Name: \_\_\_\_\_

**Recent Travel:**

Dates	Location	Unusual exposures

**Certain diseases are more common in specific genetic backgrounds. Please indicate your ethnicity:**

- Caucasian
- Black or African American
- Non-African Black
- American Indian or Alaska Native
- Asian
- Hispanic / Latino
- Other: \_\_\_\_\_

**Have any of your *blood* relatives, husband, wife or children had any of the following?**

Yes	No	(CHECK EACH ITEM)	RELATION(S)
<input type="checkbox"/>	<input type="checkbox"/>	Tuberculosis	
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	
<input type="checkbox"/>	<input type="checkbox"/>	Cancer (Melanoma, Basal cell, Squamous cells, Merkel or other)	
<input type="checkbox"/>	<input type="checkbox"/>	Autoimmune disease (Lupus, Dermatomyositis, Vitiligo, Pemphigus, Pemphigoid, Scleroderma)	
<input type="checkbox"/>	<input type="checkbox"/>	Unusual moles (Atypical Nevus Syndrome, Giant Congenital Nevus)	
<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disease	
<input type="checkbox"/>	<input type="checkbox"/>	Asthma, Hay Fever, Other Allergy	
<input type="checkbox"/>	<input type="checkbox"/>	Chronic Arthritis (Rheumatism)	
<input type="checkbox"/>	<input type="checkbox"/>	Multiple Sclerosis or Guillan Barre Syndrome	
<input type="checkbox"/>	<input type="checkbox"/>	Nervous Or Mental Disorder	
<input type="checkbox"/>	<input type="checkbox"/>	Any Other Illness (please specify):	