

INSURANCE COVERAGE CHECKLIST

Please call your insurance company, if you have one, prior to your first appointment. It is your responsibility to call your insurance company to see what they cover in terms of education and testing supplies. Use this checklist to help you ask the right questions. *If you do not have insurance, please see the bottom of this page for more information.*

Insurance companies that provide coverage for diabetes education (diabetes self-management training) require the program to have American Diabetes Association (ADA) recognition status. Providence Diabetes & Nutrition Clinic is and ADA recognized and State Certified Program.

Please tell your insurance company that your provider has referred you for diabetes education and ask your insurance company the following questions:

1. Are classes for diabetes education covered? _____
 - How many hours of education are covered? _____
 - Is there a specific time period in which the education must be completed? _____
2. Is there a preferred brand of glucose meter?
 - Yes - _____ meter
 - No – I can use any brand

You will receive a blood sugar testing meter at your first appointment if you do not already have one. Some insurers have a preferred brand of meter and using this meter will often save you money. Please find out if your insurance has a preferred meter before your visit so that we can give you the meter your insurer prefers.

3. How do I get my blood sugar testing supplies? Can I go to my pharmacy, or do I need to use a durable medical equipment (DME) company? Is there specific place I need to get my supplies?
 - Pharmacy
 - Durable Medical Equipment company (mail order): _____
 - No preference. (I can get my supplies either way)
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Don't have insurance? Having trouble paying your medical bills?

At Providence Health & Services, we recognize medical bills are often unexpected and difficult to pay. If paying your Providence bill creates a financial hardship, you may apply for financial assistance. If qualified, some or all of your Providence bill will be subsidized, or you may be approved for an interest-free extended payment plan.

For more information, please contact:

907-212-6522